

## PRIVATE EXTRA-MURALS (TUITION FEE)

<b>GYMNASTICS – BY INVITATION</b> (Natalie Hobbs – 083 655 5037)				
Squad Training	Monday 15:15 – 17:15 17:00 – 19:00		Mrs Hobbs	Hall
Squad Training	Thursday 16:30 – 18:30		Mrs Hobbs	Hall
Squad Training	Friday: 16:00 – 18:00		Mrs Hobbs	Hall
<b>LIVING MATHS</b> (Mr Steve Sherman – 083 308 3883 )				
Grade 7	Monday 07:15 – 08:15		Mrs Hunt	Technology Room
Grade 6	Monday 07:15 – 08:15		Mrs Hunt	Science Room
Grade 5	Wednesday 07:15 – 08:15		Mrs Hunt	Science Room
<b>DOO-WOP DRAMA – BY ARRANGEMENT</b> (Zita – 761 5907/ 084 7615907 )				
Grade R, 1 and 2	Mon: Grd 1- 13:15 -13:50 Tue: Gr 2 - 13:15- 14:15 Thu: Gr R - 13:00- 13:30		Zita	Jacob's Ladder Bergvliet Methodist Church
<b>JUDO</b> – (Frank Steyn – 082 768 3911 )				
Junior Group	Friday 13:15 – 14:00	Senior Group: Friday 14:00 – 15:00	Frank Steyn	Hall
<b>KARATE</b> – (Mr J Dawes – 083 399 8171) ( Michael Shuttleworth – 083 324 3320 )				
Grade 1 – 7	Tuesday 15:15 – 16:15		Mr Shuttleworth	Hall
Grade 1 – 7	Friday 14:15 – 15:15		Mr Dawes	Pre-Pri Covered Area
<b>MODERN DANCING</b> – (Colleen Kitching – 715-3442)				
Grade 2 – 7	Wednesday 14:30 -		Colleen Kitching	Hall
Grade 1	Thursday 14:15 – 15:00			Bergvliet Methodist Church
<b>POTTERY - CLAY PLAY – BY ARRANGEMENT</b> (Mrs Jan Muller – 712-8200/ 082 4200064)				
Grade R – 2 Grade R: Grade1,2: Group 1 Group 2	Friday 12:00 – 12:55 13:10 – 14:05 14:10 – 15:05		Jan Muller	Art Room
Grade 3 – 7 Group 1 Group 2	Thursday 14:30– 15:25 15:30 – 16:25		Jan Muller	Art Room
<b>PRO TENNIS COACHING – BY ARRANGEMENT</b> (Mr Tim Armstrong – 021 782 5872 )				
Grade 1 and 2	Mon, Tues, Wed, Thurs			SV Tennis Courts
Grade 3-7	Mon - Fri			Meadowridge Tennis Club
<b>EXPERI-BUDDIES</b> – ( Elana Bosini – 076 1021 493 )				
Grade R	Tuesday 12:15 – 12:45, 12:45 – 13:15		Elana Bosini	Pre School
Grade 1,2	Tuesday 13:45 – 14:30, 14:30 – 15:15			Grade 2.3
<b>SQUASH – PRIVATE TRAINING</b> – ( John Abrahamse – 076 769 0285 or johnabrahamse@gmail.com)				
Grade 3-7	Thursday: 17:15 – 18:00		John Abrahamse	Bergvliet Squash Club



## EXTRA-MURAL TIMETABLE 1ST AND 4TH TERM - 2015



ACTIVITY	PRACTICES AND TIMES	MATCHES	TEACHER / S COACH / ES	VENUE FOR PRACTICE
<b>CRICKET</b>				
Grade 1 (Mini)	Tuesday 13.30 – 14.15		Mrs Blyth, Mrs Altern, Mrs Burger, Miss Louw	SV Mini-Astro
Grade 2 (Mini)	Thursday 13.30 – 14.15		Mrs Blyth Mrs Altern, Miss Fuller Mrs Albrecht	SV Mini-Astro
Grade 3 (U9 Mini)	Monday 13:30 – 14:30	Wed - To be confirmed 14.30 – 16.00	Ms Muller Mrs Bender Mr Batt + Coach	Nets SV Mini-Astro
U10 A,B,C	Thursday 14.45 – 16.00	Monday 14.30 -	Mr Theunissen Mr Anderson & Mr C Rushby	Nets SV Mini-Astro
U10 D,E				
U11A-D	Tuesday 14.45 – 16.15	Wednesday 14.30 -	Mr Gray, Mr O' Sullivan, Coach	A+B – BSC Nets C+D – SV Nets
U12 B,C,D A	Monday 14:45 – 16:15 15:30 – 17:00	Tuesday 14.30 -	Mr De Klerk, Mr Altern Mr Miles	SV - Nets
1 <sup>st</sup> Team	Mon: 15:00 – 16:30 Thu: 15:00 – 16:30	Saturday	Mr Roy Clark	Mon: BSC Nets Thu: BSC Nets
U13 B	Wednesday 14:45 – 16:15	Thursday 14.30 -	Mr Botha	Nets
<b>TENNIS</b>				
Grade 1 (Mini)	Wednesday 13:30 – 14:00		Miss Atherstone Miss Stokell Miss Stewart	Quad
Grade 2 (Mini)	Monday 13:30 – 14:00		Miss Cannone Miss Stewart Miss Stokell	Quad
Grade 3 (Mini)	Tuesday 14.45 – 15.30		Mrs Albrecht Miss Stokell Miss Stewart	S.V. Tennis Courts
Tennis – Boys Team Tennis	Monday, Thursday 07:00 – 07:45		Mr Rushby	Meadowridge Club
Tennis – Girls Team Training	Tues, Wednesday 07:00 – 07:45	Thurs: 14:30-	Mrs Van der Schyff Mrs Murcott, Miss Pretorius	Tennis Courts
Tennis Matches Boys Team		Friday 14.00 -	Miss Cannone Miss Atherstone	
Intermediate Grd 4 – 7 ( by invitation )	Tue:15:30 – 17:00 Wed:14:45 – 16:45		Miss Radue Mrs Godfrey	S.V. Tennis Courts
Novice Tennis	Monday 14:45 – 16:15		Mr Batt Mr C Rushby	S.V. Tennis Courts
<b>SWIMMING</b>				
Team Training U8 – U10 Junior	Tues and Thurs 07.00 – 07.45		Miss Blight Mr Ryan	School pool
Team Training U11 – U13 Senior	Wed and Fri 07:00 – 7:45		Roy Godfrey	School pool

Team Training U8 – U10 Junior	Mon and Wed: 15:45 - 16:45		Coach Miss Blight	School pool
Team Training U11 – U13 Senior	Tue and Thurs: 15:45 – 16:45		Coach Mrs Coetzee	School pool
Grade 1 Group 1,2	Mon: 13:30-14:30		Coach, Mrs Burger Mrs Cawood	School pool
Grade 5 - 7 Syncro	Fri:13:30-14:30		Sue Bonney subonney@gmail.com	School pool
Grade 2	Mon and Wed: 14:45 – 15:15		Coach Mrs Vine-Soanes	School pool
Grade 3	Mon and Wed: 15:15 – 15:45		Coach Mrs Vine-Soanes	School pool
Grade 4 - 7: Swimming for biathlon, life saving & open water training	Tue and Thurs: 14:45 – 15:45		Coach Tue: Mrs Orchard Thurs: Miss Godfrey	School pool

#### **ATHLETICS**

<b>Boys and girls</b> Grade 4 – 7 <b>Team only</b>	Tues and Wed 14.45 – 15.45		Mrs Charles Mrs Koopman Mrs Nakana	Main field
<b>Social athletics/ non team</b> Grade 3 – 7	Tuesday 14.45 – 15.45		Miss Godfrey Miss Fuller Miss Louw	Main field

#### **GYMNASTICS**

<i>Group 1</i> Grade 1-3	Monday 13:10 – 13:45		Mrs Hobbs	Hall
<i>Group 2</i> Grade 1-3	Monday 13:45 – 14:25		Mrs Hobbs	Hall
<i>Group 3</i> Grade 1-3	Monday 14:25 – 15:00		Mrs Hobbs	Hall
<i>Group 4</i> Grade 1-3	Monday 15:00 – 15:35		Mrs Hobbs	Hall
Grade 4-7 Boys and Girls	Thursday 14:30 – 15:30		Mrs Hobbs	Hall

#### **LIBRARY**

Research and Book Exchange Grade 4 - 7	Mon, Tues, Thurs 14:30 – 15:30 / Wed 14:30 – 15:00		Mrs Senogles	Library
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#### **COMPUTER RESEARCH**

Research	Tues and Wed 14:45 – 15:45		Mrs Pressinger	Computer Lab
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#### **DRAMA CLUB**

Grade 4 and 5	Thursday 14:45 – 15:45		Mrs Foster Miss Williams	A/C Centre
Grade 6 and 7	Tuesday 14:45 – 15:45		Mrs Foster Miss Williams	A/C Centre
Grade 3	Monday 13:30 – 14:15		Miss Williams	A/C Centre

<b>HOCKEY SKILLS AND FITNESS – GIRLS</b>				
U 9	Monday 13:30 – 14:30		Mrs Hunt Miss Oosthuizen	BHS Astro
U10,11	Thursday 14:45 – 15:45		Mrs Hunt Miss Oosthuizen	BHS Astro
U 12,13,14	Friday 13:30 – 14:30		Mrs Hunt	BHS Astro

#### **BY ARRANGEMENT AND / OR BY INVITATION**

<b>ACTIVITY</b>	<b>EDUCATOR</b>
General Knowledge	Mrs Vink
Breakaway	Mr Miles
Literature Quiz Team	Mrs Senogles
TST (Academic Support Team)	Mrs Bosworth, Mrs McMinn, Mrs Hunt, Mrs Vink
Living Maths	Mrs Hunt
Detention ( Computer lab )	Mon: Mrs Pressinger      Tue: Mrs Cawood
	Wed: Mrs Orchard      Thu: Mrs Pressinger
Play Reading	Mrs Vink

#### **Please Note :**

- ***Extra-murals will begin on Monday 02 February 2015 for Grade 2 – 7s***
- ***Extra-murals will begin on Monday 09 February 2015 for Grade 1's.***
- ***Extra-murals taken by Sweet Valley staff and coaches employed by Sweet Valley will end the week ending Friday 21 March 2015.***
- ***'Private' extra-murals, which require a tuition fee, continue during Academic Planning Week.***
- ***Transport of children to and from practices at venues outside the school is the responsibility of the parent.***
- ***Once children commit themselves to a sport they must participate for the entire season (1<sup>st</sup> and 4<sup>th</sup> term).***
- ***The correct dress code must be adhered to for both practices and matches.***
- ***For obvious reasons the programme cannot be changed to suit each individual's own programme. Where clashes occur, the pupils must decide according to their preference.***
- ***If a sport cannot take place outside, due to rain, the pupils will be supervised indoors by the coach. Parents who are at the school must fetch the children from the designated classroom.***

**Overleaf for Private Extra Murals →**